## Motorcycle Safety: A Soldier's Guide

## Why Should I Care?

- MOTORCYCLES AND BICYCLES ARE EVERYWHERE AROUND US
- On the road, motorcyclists and bicyclists are much harder to see than automobiles
- Motorcycles and Bicycles must obey all rules of the road
- Always be alert to your surroundings
- Expect the unexpected

### Western Region ROTC Motor Vehicle Operators

- Motor Vehicles, Motorcycles and Bicycles all share the same road
  - Size differences make them two-wheelers harder to spot
  - Two-wheelers have different vulnerabilities
- Take care when turning right at intersections. Riders often move forward next to the motor vehicle when turning right.
  - Double check mirrors and blind spots
  - Some cyclists weave in and out of traffic
- Danger may come at you from unexpected directions
- Car and Truck drivers: When following a motorcycle, double the TWO-SECOND rule.



- To register a motorcycle or moped at Fort Lewis you need:
  - Valid state vehicle registration
  - Valid state operator's license with motorcycle endorsement as required by the issuing state
  - Valid insurance coverage
  - Valid ID card
  - Proof of completion (certificate) of an Army-approved motorcycle course.

## **Motorcycle Training**

- AR 385-55, Appendix B is the source
- One-time requirement to complete an approved course
- Proof of completion means a card or certificate
- Army-approved means it follows the Motorcycle Safety Foundation program as a minimum
- Any questions about what's approved, call Safety

## Local Motorcycle Safety Training

- If you can't prove completion of an approved course, you can go locally.
- Both the basic and advanced courses are available from area vendors (\$100).
- Safety will pay tuition, if you bring a signed training request (DD form 1556) from the unit/activity to the Safety Office before the training, followed by proof of completion.
- You can also enroll on your own for the course and pay the \$ out of pocket.

### Western Region ROTC Required Protective Equipment

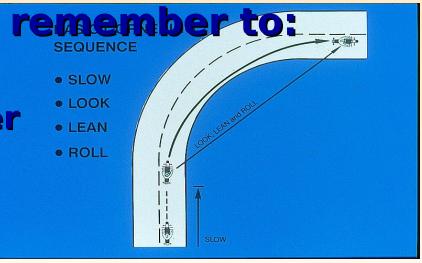
- On Fort Lewis, each motorcycle operator (not only soldiers) must wear the following while driving a motorcycle on-post:
  - Properly fastened Helmet, DOT approved.
  - Eye protection (Clear goggles/Face shield).
  - Clothing (long sleeve shirt, long pants, and full-fingered gloves).
  - High visibility garments (bright color for day and retro-reflective for nights).
  - Footwear (over the ankle shoes).
- Off-post, the requirements still apply to soldiers and on-duty civilian employees.

## **Other Requirements**

- Government and privately owned motorcycles registered at Fort Lewis must have two rearview mirrors (one mirror on each side).
- Motorcycles and mopeds operating on Fort Lewis must have their headlights turned on at all times.
- The use of headphones or earphones while driving a motorcycle or moped at Fort Lewis is prohibited.

## **Riding Reminders**

- Always be careful of sand, dirt, loose gravel or poor road conditions, especially when going around corners.
- When turning corners reme
  - Slow down
  - Look through the corner
  - Lean into the turn
  - Roll on the throttle



Always Ride Defensively

## **Old Motorcyclists:**

- ALWAYS DRIVE DEFENSIVELY
  - SEARCH: Scan and Identify
  - PREDICT
  - ACT: Decide and Execute
- ALWAYS remember that 4wheeled vehicles are bigger than you (They will prevail without fail in an accident)



## Off-Road Motorcyclists

- MAINTAIN. Make sure the dirt bike is in good operating condition.
- WATCH. Curves, Hill tops, Rock formations, Trees, someone else might be there.
- ALWAYS ride with a group of two or more.
- NEVER ride alone in the desert.
- WATER. Bring plenty.
- KNOW. Be familiar with the terrain. Roads can change overnight due to run-off from seasonal storms. Also the number of riders going over the same jump can change conditions.
- RIDE WITHIN YOUR LIMITS

## Off-road Motorcycle Protective Gear

- Helmet (Duh.)
- Knee/shin guards, chest protectors and padded, full-fingered off-road-vehicle gloves.
- Impact-resistant goggles or full-face shield.
- Long-sleeved shirts or jackets and long trousers.
- Reflective clothing or material.
- Sturdy footwear. Leather boots or overthe-ankle shoes.

## **Attacking the Problem**

- PERSONAL DISCIPLINE AND RESPONSIBILITY
- Put Risk Management to work. Examples:
  - Identify hazards and assess the risk, such as experience, weather and traffic conditions.
  - Implement control measures such as completing the required training.
  - Help identify untrained motorcyclists.
  - Don't loan your bike.

# Western Region ROTC Don't Let Us Meet You Like This



## Western Region ROTC Motorcycle Safety Assistance

- For Further Assistance, Please call or visit the Fort Lewis Safety Office, Bldg 2007A, Room 214.
- Commercial: 253-967-3079/6764
- DSN: 357-3079/6764
- FAX: 253-967-3966